



Bartlett Woods

2021



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			PLEASE NOTE LOCATION CHANGE FOR KNITTING GROUP		1 9:30 Chair Yoga-MR 10:30 Jeopardy-GR 2:00 Beth's Farm Mkt \$	2 2:00 Movie-Media Room
3 9:30 Coffee & Coloring-LB	4 9:30 Chair Yoga-MR 10:30 Phase 10-GR 2:00 Documentary	5 10:30 Exercise w/Victor-MR 2:00 Flower Arrangements-Sunroom	6 9:00 Shopping Shuttle 10:30 Chair Yoga-MR 2:00 Knitting Group-Library 2:00 Fall Foliage Ride	7 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian Linda Mann	8 9:30 Chair Yoga-MR 10:00 Scenic Ride & Picnic Lunch at Fort Knox 2:00 Movie-MR	9 10:00 Bible Study-LB 2:00 Movie-Media Room
10 9:30 Coffee & Coloring-LB 2:00 Scenic Ride	11 9:30 Chair Yoga-MR 10:30 Dominoes-GR 2:00 Scenic Ride to Damariscotta for Pumpkin Fest	12 9:30 Dietary Meeting-Parlor 10:30 Exercise w/Victor-MR 2:00 School House Farms \$	13 9:00 Shopping Shuttle 10:30 Chair Yoga-MR 2:00 Knitting Group-Library 2:00 Concentration-MR	14 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian Linda Mann	15 9:30 Chair Yoga-MR 10:30 Women's Disc. Grp-Library 2:00 Movie-MR 2:00 Phase 10-GR	16 2:00 Movie-Media Room
17 9:30 Coffee & Coloring-LB	18 FLU SHOT CLINIC 9:30 Chair Yoga-MR 10:30 Jeopardy-MR 2:00 Pumpkin Painting-MR	19 10:30 Exercise w/Victor-MR 2:00 Documentary 2:30 Resident Council-LB	20 9:00 Shopping Shuttle 10:30 Chair Yoga-MR 2:00 Knitting Group-Library 2:00 Fall Foliage Ride to Appleton Ridge	21 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian Linda Mann	22 9:30 Chair Yoga-MR 10:30 Concentration-MR 2:00 The Phantom of the Opera (1925) and the Kotschmar Organ Digital	23 10:00 Bible Study-LB 2:00 Movie-Media Room
24 9:30 Coffee & Coloring- HAPPY HALLOWEEN! 9:30 Coffee & Coloring 3:30 Encore Performance The Phantom of the Opera (1925) and the Kotschmar Organ Digital Concert	25 9:30 Chair Yoga-MR 10:30 Dominoes-GR 2:00 Fall Craft-MR	26 10:30 Exercise w/Victor-MR 2:30 House Meeting-DR 4:00 Wine Social-Parlor	27 9:00 Shopping Shuttle 10:30 Chair Yoga-MR 2:00 Knitting Group-Library 2:00 Halloween Decoration Ride	28 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian Linda Mann	29 9:30 Chair Yoga-MR Noon-HALLOWEEN PARTY! Costumes Games Photo Booth 2:00 Halloween Movie-MR	30 2:00 Movie-Media Room

MEAL TIMES

BREAKFAST

7:00-9:00 am

LUNCH

11:45 am

LIGHT MEAL

5:00 pm