



Bartlett Woods

2021



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MEAL TIMES

BREAKFAST



7:00-9:00 am

LUNCH

11:45 am

LIGHT MEAL

5:00 pm

	<p>1 9:30 Chair Yoga DVD-MR 10:30 Dominoes-GR 2:00 Compass Rose Images-MR</p>	<p>2 10:30 Exercise w/Victor-MR 2:30 Baby Shower for Andy & Mo-Sunroom </p>	<p>3 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library 2:00 Shopping @ Goodwill \$</p>	<p>4 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian Linda Mann</p>	<p>5 9:30 Chair Yoga w/ Sarah Trapani-Media Room 2:00 Movie-MR <i>Karen Off</i></p>	<p>6 10:00 Bible Study-Library 2:00 Movie-MR</p>
<p>7 9:30 Coffee & Coloring-Library</p>	<p>8 9:30 Chair Yoga DVD-MR 2:00 Documentary-Mission Control-The Unsung Heroes of Apollo-MR <i>Karen Off</i></p>	<p>9 9:30 Dietary Meeting-Parlor 10:30 Exercise w/Victor-MR 2:00 Scenic Ride</p>	<p>10 9:00 Shopping Shuttle 10:30 Speaker Michael Perry -Maine Lighthouses-MR 2:00 Stretch DVD-MR 2:00 Knitting Group-Library</p>	<p>11 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian Linda Mann</p>	<p>12 9:30 Chair Yoga w/ Sarah Trapani-Media Room 10:30 Dominoes-GR 2:00 Movie-MR 2:00 Games-GR</p>	<p>13 2:00 Movie-MR</p>
<p>14 9:30 Coffee & Coloring-Library</p>	<p>15 9:30 Chair Yoga DVD-MR 10:30 Dominoes-Game Rm 2:30 Crafts w/Barbara Davis Media Room</p>	<p>16 10:30 Exercise w/Victor-MR 1:30 Employee Orientation 2:00 Scenic Ride</p>	<p>17 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library 2:00 Phase 10-Game Room</p>	<p>18 10:30 Exercise w/Victor-MR 1:30 Employee Orientation 2:30 Bingo-Game Room 3:00 Librarian Linda Mann</p>	<p>19 9:30 Chair Yoga w/ Sarah Trapani-Media Room 10:30 Women's Disc. Grp-Library 2:00 Rosey Geary-Sunroom</p>	<p>20 10:00 Bible Study-Library 2:00 Movie-MR</p>
<p>21 9:30 Coffee & Coloring-Library</p>	<p>22 9:30 Chair Yoga DVD-MR 10:30 Phase 10-Game Rm 2:00 Shopping @ Walmart \$</p>	<p>23 10:30 Exercise w/Victor-MR 2:00 Fiddler Owen Kennedy-Sunroom</p>	<p>24 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library 2:00 Scenic Ride</p>	<p>25 </p>	<p>26 9:30 Chair Yoga DVD-MR 2:00 Movie-MR <i>Karen Off</i></p>	<p>27 2:00 Movie MR</p>
<p>28 9:30 Coffee & Coloring-Library</p>	<p>29 9:30 Chair Yoga DVD-MR 11:30 Lunch @ Hong Kong Island-Chinese Rest. \$ 2:00 Shopping @ TJ Maxx \$</p>	<p>30 10:30 Exercise w/Victor-MR 2:30 House Meeting-Dining Rm 4:00 Wine Social-Parlor</p>				