







Bartlett Woods

2022



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

						1 NEW YEAR'S DAY! HAPPY 2022  10:00 Bible Study-Library ALL ARE WELCOME
2 9:30 Coffee & Coloring-Library	3 9:30 Chair Yoga-MR 10:30 Games in the GR 2:30 Scenic Ride	4 10:30 Exercise w/Victor-MR 2:30 *NEW GAME* Life-sized Tic Tac Toe-MR	5 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library	6 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian-Linda Mann	7 9:30 Chair Yoga-MR 10:30 Speaker Michael Perry Niagara Falls-MR 2:00 Movie-MR 2:30 Elvis Trivia-GR	8 ELVIS PRESLEY'S BIRTHDAY  2:00 Elvis Movie-MR
9 9:30 Coffee & Coloring-Library	10 9:30 Chair Yoga-MR 10:30 Games in the GR 2:00 Five Crowns-GR	11 10:30 Exercise w/Victor-MR 2:00 Scenic Ride 6:30 Camden Conference with Dick and MaryAnn Topping: The Rise and Fall of the Berlin Wall via Zoom-MR	12 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library 2:00 Scenic Ride	13 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian-Linda Mann	14 9:30 Chair Yoga-MR 2:00 Singer-Rosey Geary-SR	15 10:00 Bible Study-Library ALL ARE WELCOME
16 9:30 Coffee & Coloring-Library	17 <i>Martin Luther King Day</i> 9:30 Chair Yoga-MR 10:30 MLK Trivia-GR 2:00 <i>Hope & Fury; MLK, The Movement and The Media-NBC News-MR</i>	18 10:30 Exercise w/Victor-MR 2:30 Resident Council 2:30 Concentration-MR	19 <i>National Flower Day!</i> 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library 2:00 Flower Arranging & Flower Games-Media Room	20 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian-Linda Mann	21 9:30 Chair Yoga-MR 10:30 Women's Disc. Grp-LB 2:00 Scenic Ride	22 
23 9:30 Coffee & Coloring-Library 30 9:30 Coffee & Coloring-Library	24 9:30 Chair Yoga-MR 2:30 House Meeting-DR 31 9:30 Chair Yoga-MR 2:00 Phase 10-GR	25 10:30 Exercise w/Victor-MR 11:30 WINTER CARNIVAL- S'MORES BAR HOT CHOCOLATE BAR CARNIVAL GAMES 	26 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-Library	27 10:30 Exercise w/Victor-MR 2:30 Bingo-Game Room 3:00 Librarian-Linda Mann	28 FUN AT WORK DAY! 9:30 Chair Yoga-MR STAY TUNED....	29 10:00 Bible Study-Library ALL ARE WELCOME

MEAL TIMES

BREAKFAST

7:00-9:00 am

LUNCH

11:45 am

LIGHT MEAL

5:00 pm

