

Sample Light Meal (optional; see meal plan form for pricing)
Served in the Sun Porch at 5pm daily.

Soup or Chowder of the Day + 1/2 Sandwich or Small Salad
Chef Salad
Sandwich featuring Ham, Turkey, Roast Beef or Pastrami with Chips
Bacon-Lettuce-Tomato Sandwich
Peanut Butter & Jelly Sandwich
Grilled Cheese Sandwich
Cream Cheese & Olive Sandwich
Two Eggs Any Style with Toast
Cottage Cheese and Fresh Fruit Plate

Specials:

Monday Night Egg Salad
Saturday Night Baked Beans and Hot Dogs
Pizza Night
Open-faced Pot Roast Sandwich with Mashed Potato and Gravy
Spaghetti with Red Sauce
Lasagna

Dessert Every Day -- Maine-made Ice Cream, or Sherbet (sugar free options also available)

