

# BARTLETT WOODS RETIREMENT COMMUNITY



## August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Chair Yoga-MR 10:30 Dominoes-GR 2:00 Shopping @ Walmart	2 10:30 Stretch DVD-MR 2:00 Trip to School House Farms Stand \$	3 9:00 Shopping Shuttle 10:30 Chair Yoga-MR 2:00 Knitting Group-LB 2:00 Uno-GR 4:30 Cocktail Hour BYOB	4 10:30 Stretch DVD-MR 2:30 Bingo-GR 3:00 Librarian Linda Mann	5 9:30 Chair Yoga-MR 10:30 Phase 10-GR 2:00 Scenic Ride	6 2:00 "Unpacking the Past: Fashions" from Maine Historical Society- with Jackie Field
7 9:30 Coffee & Coloring-LB 2:00 Interfaith Service with Pastor Seth-MR <i>All are Welcome</i>	8 9:30 Chair Yoga-MR 10:30 Scrabble-GR 2:00 Arm Chair Travel to Turkey 	9 10:30 Exercise w/Victor-MR 1:30 Fun in the Sun Day Water Cannons, Dunk Tank, Ice Cream and lots of Fun!!	10 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-LB 2:30 Phase 10-GR 4:30 Cocktail Hour BYOB	11 10:30 Exercise w/Victor-MR <b>**2:00 Bingo-GR**</b> 3:00 Librarian Linda Mann 3:30 Sunset Cruise-Damariscotta River \$	12 9:30 Chair Yoga-MR 10:30 Dominoes-GR 2:30 Corn Hole-Back Patio	13 10:00 Bible Study-Library <i>All are Welcome</i> 10:30 Exercise w/Victor-MR 2:00 Speaker Peter Freeman-Welsh Folklore-MR
14 9:30 Coffee & Coloring 2:30 Sunday service with Rev Peter Jenks and Rev Rob Laite of the Episcopal Church of St. John the Baptist-Thomaston- <i>All are Welcome</i>	15 9:30 Chair Yoga-MR 1:00 Afternoon at Damariscotta Lake State Park & Ice Cream @ Jefferson Scoop \$	16 10:30 Exercise w/Victor-MR 2:00 Walk the Boardwalk 2:30 Resident Council-LB	17 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 1:00 Bartlett Woods Bards Singing Group-Parlor 2:00 Knitting Group-LB 2:30 Sunny's Scoop \$ 4:30 Cocktail Hour BYOB	18 10:30 Exercise w/Victor-MR 2:30 Bingo-GR 3:00 Librarian Linda Mann	19 9:30 Chair Yoga-MR 10:30 Women's Discussion Group-Library 2:00 Dominoes-GR	20 10:30 Exercise w/Victor-MR 2:00 "Dress Codes: How the Laws of Fashion Made History" from the Maine Historical Society's Collection
21 9:30 Coffee & Coloring	22 9:30 Chair Yoga-MR 10:30 Games-GR 2:00 Trip to Center for Maine Contemporary Art (CMCA)	23 10:30 Exercise w/Victor-MR 11:00 Picnic lunch @ in Friendship	24 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 2:00 Knitting Group-LB 2:00 Walk the Boardwalk 4:30 Cocktail Hour BYOB	25 10:30 Exercise w/Victor-MR 2:30 Bingo-GR 3:00 Librarian Linda Mann	26 9:30 Chair Yoga-MR 10:30 Men's Discussion Group w/Hank Lunn-Library 2:30 Pianist Arlene Gamble-Parlor	27 10:00 Bible Study-Library 10:30 Exercise w/Victor-MR 2:00 "Looming Trends: 18th-Century Patterned Silks in New England" from the Maine Historical Society's Collection
28 9:30 Coffee & Coloring 2:30 Sunday Worship with Rev. Dr. Susan Stonestreet of the Federated Church of Thomaston-MR <i>All are Welcome</i>	29 9:30 Chair Yoga-MR 10:30 Games GR 11:30 Lunch @ McLoon's Lobster Shack-Spruce Head Island \$ 2:30 Root Beer Floats-SR	30 10:30 Exercise w/Victor-MR 2:00 Dietary Meeting-MR 2:30 House Meeting-MR 4:00 Wine Social-Back Patio	31 9:00 Shopping Shuttle 10:30 Stretch DVD-MR 1:00 Bartlett Woods Bards Singing Group-Parlor 2:00 Knitting Group-LB 2:30 Scenic Ride 4:30 Cocktail Hour BYOB			