

December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Quaker Meeting – L 2:30 Sunday Service with Rob Laite – MR 3:15 Sing-A-Long - PR	2 9:00 Chair Yoga – MR 2:00 Activities Meeting – SR (Come share your ideas!) 3:30 Scarf Exercise - MR	3 9:00 Hannaford \$ 9:30 Exercise with Sandy – MR 2:00 Book Group – L 3:30 Bridge Meeting - GR	4 9:00 Chair Yoga – MR 10:45 Dietary Meeting – DR 2:00 Fiber Arts - L	5 9:30 Exercise with Sandy – MR 1:30 Bingo - GR	6 9:00 Chair Yoga – MR 10:00 T.J. Maxx \$ 1:30 Christmas Ornament Craft - GR	7 1:00 Bible Study – L 2:00 Movie - MR
8 2:30 Sunday Service with Susan Stonestreet – MR 3:15 Sing-A-Long - PR	9 9:00 Chair Yoga – MR 10:45 Tea & Talk - PR 2:00 Walmart \$ 3:30 Scarf Exercise - MR	10 9:00 Hannaford \$ 9:30 Exercise with Sandy – GR 2:00 Poetry - L	11 9:00 Chair Yoga – MR 10:30 Gift Wrapping Help – GR 2:00 Fiber Arts - L	12 9:30 Exercise with Sandy – MR 1:30 Bingo - GR	13 9:00 Chair Yoga – MR 10:30 Women’s Discussion Group – L 2:00 Christmas Cookie Decorating - SR	14 2:00 Music by Harborside Harmony – PR 2:00 Movie - MR
15 9:00 Quaker Meeting – L 2:00 Sunday Service with Stephen Tracey – MR 2:00 Holiday Concert with Karis Burns & Norah Gallant – PR 3:30 Sing-A-Long - PR	16 9:00 Chair Yoga – MR 2:00 Holiday Word Games – GR 3:30 Scarf Exercises - MR	17 9:00 Hannaford \$ 9:30 Exercise with Sandy – MR 1:00 Music with Masanabu Ikemiya – PR 2:30 Resident Council - L	18 9:00 Chair Yoga – MR 11:00 Lunch @ Applebees \$ 2:00 Fiber Arts - L	19 9:30 Exercise with Sandy – MR 1:30 Bingo – GR 3:30 Resident Christmas Party (Details to come!)	20 9:00 Chair Yoga – MR 10:30 Gift Wrapping Help - GR 2:30 Holiday Tea - DR	21 1:00 Bible Study – L 2:00 Movie – MR 4:00 Music with the Tracey Family - DR
22 2:00 Sunday Service with Clint Compton – MR 3:15 Sing-A-Long -PR	23 9:00 Chair Yoga – MR 9:30 Veteran’s Visit – PR 2:00 Trip to Rockland Library 3:00 Poetry Reading by Mike Fletcher – PR 3:30 Scarf Exercise - MR	24 9:00 Hannaford \$ 9:30 Exercise with Sandy – MR 2:30 House Meeting – DR 3:00 “The Magic of Christmas” By the PSO with appetizers MR	25 <div style="text-align: center; color: green; font-weight: bold; font-size: 1.2em;">MERRY CHRISTMAS!!</div>	26 9:30 Exercise with Sandy – MR 1:30 Bingo - GR	27 9:00 Chair Yoga – MR 10:30 Memory Lane Activity MR 2:00 Trivia - GR	28 2:00 Movie - MR
29 3:15 Sing-A-Long - PR	30 9:00 Chair Yoga – MR 10:45 Tea & Talk – PR Time & Movie TBD – Flagship Cinema \$ 3:30 Scarf Exercise - MR	31 9:00 Hannaford \$ 9:30 Exercise with Sandy – MR 2:00 New Year’s Eve Party	BYOB Cocktail Hour is every Wednesday at 4:00 in the Parlor *Please note that Activities are subject to change. Also, in place of the Activity details being on the back of the calendar, there will be Activities’ Information Binders coming soon. They will be dispersed on each floor for your convenience. (MR=Media Rm., DR=Dining Rm., L=Library, GR=Game Rm.)			